














triad health project

JULY



2009

The spiritual and physical nourishment of Higher Ground's lunches, activities, and facilities are available to all persons affected by the AIDS epidemic, including clients & their families, community volunteers, and staff of appropriate community and health organizations.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>“There’s a hunger beyond food that’s expressed in food, and that’s why feeding is always a kind of miracle.” —quoted in TAKE THIS BREAD</p>			<p><i>morning silence • 8:45-9:15</i> 12:15 YOUR MONTHLY CHIK-UP WITH OUR GRACIOUS FRIENDS AT CHIK-FIL-A! 1:15 OUTSIDE THE LINES WITH BARB! 1</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Flatbread! <i>On the house</i> 1:15 A Wii Bit of “Hope”</p>	<p>In honor of tomorrow’s holiday, Higher Ground & THP offices will be closed.</p>	
5	<p><i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH DAVID & FRIENDS 6</p>	<p><i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Westover Church (+Kim)</i> and then →  7</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Christ Community</i>  STAMPING! 6:00 RESTORATION HOLISTIC CARE 8</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Shiloh Baptist Church</i> 1:15 Spirit... Rest <i>with Robin Dorko</i> 7:00 Grupo Hispano 9</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 R E A C H  10</p>	11
12	<p><i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH TONJA 13</p>	<p><i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Genesis Baptist</i> 1:15 Porch People <i>Holy Murmurs</i> 14</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>All Saints Episcopal</i> 1:15 Outside the Lines <i>Artistry & Poetry w/ Barb, Mary & Rachel</i> 15</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Starmount Presbyterian</i> 1:15 The Bog <i>Garden Parties</i> 16</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 R E A C H  17</p>	18
19	<p><i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH WESTOVER 5:30 TAI CHI WITH SAM HIGGS 20</p>	<p><i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Guilford Baptist</i> 1:15 The Aisle Seat <i>Go, Ernest</i> 21</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Magz & Company</i> 1:15 Outside the Lines  22</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>First Presbyterian</i> 1:15 Spirit... Rest <i>with Robin Dorko</i> 7:00 Grupo Hispano 23</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 R E A C H  24</p>	25
26	<p><i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH LEE & FRIENDLY HILLS 5:30 TAI CHI WITH SAM HIGGS 27</p>	<p><i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Congregational UCC</i> 1:15 Of Cultivation & Covenant <i>w/Robin Dorko</i> 28</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>TBA</i> 1:15 Outside the Lines  29</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 Laketia Does Lunch! 1:15 Open Mike & Poetry Slam, Rachel! 30</p>	<p><i>morning silence • 8:45-9:15</i> 12:15 R E A C H  31</p>	 On Wednesdays, from 10:30 - 12:00, Barbara Brown offers free Aurora sessions to house members. See Mark to make an appointment.

For more information, please call Mark at 274-5637.

