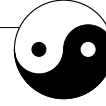




triad health project

MARCH



2010

The spiritual and physical nourishment of Higher Ground's lunches, activities, and facilities are available to all persons affected by the AIDS epidemic, including clients & their families, community volunteers, and staff of appropriate community and health organizations.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All saying must be balanced by unsaying, and knowing must be humbled by unknowing. —Richard Rohr	<i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH DAVID & Co. 5:30 TAI CHI WITH SAM HIGGS 1	<i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Westover Church (+Kim!)</i> and then... CARTOONS WITH CHRIS! 2	<i>morning silence • 8:45-9:15</i> 12:15 YOUR MONTHLY CHIK-UP WITH OUR GRACIOUS FRIENDS AT CHIK-FIL-A! 1:15 OUTSIDE THE LINES WITH BARB! 3	<i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Holy Trinity Episcopal</i> 1:15 Wii! <i>Wheeeee!</i> 4	<i>morning silence • 8:45-9:15</i> 12:15 R E A C H 5	6
7	<i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH THOMAS 5:30 TAI CHI WITH SAM HIGGS 8	<i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Genesis Baptist</i> 1:15 KANUGA 9	<i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Christ Community</i> STAMPING! with Janie 10	<i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Shiloh Baptist</i> 1:15 Music with Mary <i>...and others?</i> 7:00 Grupo Hispano 11	<i>morning silence • 8:45-9:15</i> 12:15 R E A C H 12	13
14	<i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH WESTOVER 5:30 TAI CHI WITH SAM HIGGS 15	<i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Guilford Baptist</i> 1:15 The Aisle Seat <i>Movie mania with The Big E</i> 16	<i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>All Saints Episcopal</i> 1:15 Outside the Lines 6:00 RESTORATION! 18	<i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Guilford College CAAP</i> 1:15 Journaling <i>with Robin</i> 18	<i>morning silence • 8:45-9:15</i> 12:15 R E A C H 19	springtime! 20
21	<i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH LEE 5:30 TAI CHI WITH SAM HIGGS 22	<i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Congregational UCC</i> 1:15 Of Cultivation & Covenant <i>w/Robin Dorko</i> 23	<i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>Magz. & Company</i> 1:15 Outside the Lines 24	<i>morning silence • 8:45-9:15</i> 12:15 Lunch <i>First Presbyterian</i> 1:15 Documentary <i>...and discussion</i> 7:00 Grupo Hispano 25	<i>morning silence • 8:45-9:15</i> 12:15 R E A C H 26	27
28	<i>morning silence • 8:45-9:15</i> 10:30 MONDAY GROUP WITH THOMAS 5:30 TAI CHI WITH SAM HIGGS 29	<i>morning silence • 8:45-9:15</i> 11:15 BrotherCare 12:15 Lunch <i>Christ United Methodist</i> 1:15 GET OUT! <i>Bog Garden</i> 30	<i>morning silence • 8:45-9:15</i> 12:15 Special Lunch & Focus Group NEEDED: YOUR VOICE 31			 On Wednesdays, from 10:30 - 12:00, Barbara Brown offers free Aurora sessions to house members. See Mark to make an appointment.

For more information, please call Mark at 274-5637.

